



INFO

MOUNTAIN AREA



RULES

ENVIRONMENTAL

1. You are not alone on the trails, respect others as well;
2. Regulate your speed according to your ability;
3. Use the right bike;
4. Wear the right equipment;
5. Do not litter;
6. Do not scare animals you meet on the trail;
7. Respect the signs placed on the trails;
8. Give first aid in case of an accident